



This audit is meant to expose your true values. Knowing yourself and what you believe based upon your actions, prepares you for honest dialogue with others about differing beliefs. For best results, discuss this with people who know you.

“Ethics ‘involves the selection and use of principles in a moral conflict, whereas values are the competing interests that make up that encounter.’”
- Levey & Hill

A personal ethics audit

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Taking inventory - self

Heart:

Rank these priorities:

___ self	___ security
___ health	___ God or spiritual goal
___ comfort	___ spouse
___ children	___ friends

Which one(s) is a possible "idol" – something you “worship” at the expense of something you say you value more highly?

Mind:

On what activity do I spend the most time?

The next two?

Does this reflect what I'd like my priorities to be?

Body:

How is my health and what am I doing about it?

On a scale of 1-5, how do I rate on these lifestyle habits?

___ seatbelts	___ smoking	___ diet
___ speeding	___ exercise	___ drinking or drugs
___ rest	___ other? _____	

Taking Inventory - Home

Reflect your values:

Where is my home on this continuum?

Haven of _____ World
Rest _____ War III

If someone were to drop in at my house...what would I want to be sure he or she sees or doesn't see?

What family behaviors would I want to be sure to hide or downplay?

What would indicate to my visitor the values that I hold?

How do my neighbors and relatives see my home?

Taking inventory - others:

Do I routinely stop and consider the implications of my decisions for others?

When I negotiate with someone, do I strive for a win-win solution?

Do I create opportunities for me and my family to participate in activities with people from other cultures, faiths, and economic groups?

Do I have any forum in which I can honestly and openly express my values and explore others' values?

Do I actively follow the news, and examine my thoughts and feelings about the stories presented?

Taking inventory - the environment:

Do I take responsibility at work for suggesting ecological improvements?

When was the last time I seriously considered:

____ car pooling ____ recycling
____ boycotting disposables ____ organic lawn care
____ financial or volunteer support for ecological causes

Do I support companies who support the environment?

Taking inventory - finances:

Is money a frequent source of...

focus? worry? argument?

Do I share with worthy causes?

In what ways does money occasionally become an end rather than a means in my life?

Does money play a deciding role in my or my partner's decisions?

Taking inventory - work:

I would rank my reasons for working in the following order:

____ pen money ____ fulfillment
____ escape from the kids ____ something to do
____ social contacts ____ financial survival

Do I feel adequately rewarded for the work I do?

Do I feel that there are additional, unofficial "perks" to which I am entitled?

If I work more than one job, do I ever find one interferes with the other?

Do I feel personally responsible for my company's product or service?

Is your work setting one of cooperation? - or competition?

Taking inventory - interpersonal relations

To which version of the Golden Rule do you subscribe?

- _____ Do unto others what you would have them do unto you.
- _____ Do unto others before they do unto you.
- _____ Do unto others so that they'll do unto you.
- _____ Do unto others lest the press do unto you.

When you make agreements with other people, would you honestly be willing to accept either side of the agreement?

Where would you place yourself on a scale that describes your awareness of your own beliefs about these issues?

I don't have a prejudiced bone in my body

I regularly challenge and question my beliefs and actions

Ethnicity	1.....	10
Gender	1.....	10
Sexual preference	1.....	10

Do you freely share information with co-workers, supervisors and employees?

Write a brief description of your beliefs about developing social relationships with:
co-workers
employees
bosses

Where would you place yourself on a scale that describes your awareness of your own positional power with your employees?

Power?

What power?

I'm constantly aware of my position's effect.

1.....10

